

bamford

WELLNESS

SPA

TREATMENT LIST

# SIGNATURE EXPERIENCES

B-SILENT MESSAGE TREATMENT	90mins	£190
BAMFORD BODY SIGNATURE TREATMENT	90mins	£190

## MASSAGES

COUPLE'S MASSAGE	60/90mins	£260/£340
REFLEXOLOGY MASSAGE	60mins	£160
HOT STONE MASSAGE	60/90mins	£160/£195
BAMFORD DEEP TISSUE MASSAGE	60/90mins	£160/£195
BAMFORD DE-STRESS MASSAGE	60/90mins	£150/£190
PREGNANCY MASSAGE	60mins	£150
BAMFORD BACK, NECK & SHOULDER MASSAGE	30mins	£85
BAMFORD JADE HOT AND COLD STONE TREATMENT	75mins	£190
RECOVER TREATMENT FOR MEN	60mins	£150

## EXFOLIATIONS

BAMFORD FULL BODY EXFOLIATION	45mins	£95
BAMFORD ROSE UPPER BODY AND FACIAL TREATMENT	60mins	£150

## BODY WRAPS

SEAWEED BODY WRAP	75mins	£165
GREEN TEA HERBAL BODY WRAP	75mins	£165

# THE FACE

BAMFORD ORGANIC AWAKEN RESURFACING FACIAL	60/90mins	£150/£190
BAMFORD ORGANIC RESTORE REJUVENATING FACIAL	60/90mins	£150/£190
BAMFORD ORGANIC PURITY DETOXIFYING FACIAL	60/90mins	£150/£190
SIGNATURE OSKIA GLOW FACIAL	75mins	£170
OSKIA REJUVENATING FACIAL	60/90mins	£150/ £190
OSKIA GLOW ON THE GO OSKIA QUICK FIX	45mins 30mins	£120 £85
OSKIA EYE WONDER	45mins	£120

# HANDS AND FEET

## MANICURES

THE BERKELEY SIGNATURE	45mins	£55
MANICURE THE BERKELEY SUPREME	55mins	£65
MINI MANICURE	25mins	£35
SHELLAC NAILS MANICURE	55mins	£65
SHELLAC REMOVAL	15mins	£10

## PEDICURES

THE BERKELEY SIGNATURE PEDICURE	45mins	£55
THE BERKELEY SUPREME PEDICURE	55mins	£65
MINI PEDICURE	25mins	£65
SHELLAC PEDICURE	55mins	£75

## FOR MEN

THE BERKELEY MEN'S MANICURE	25/40mins	£35/£45
THE BERKELEY MEN'S PEDICURE	25/40mins	£35/£45

# A LITTLE EXTRA LUXURY

INDULGE IN A LITTLE LUXURY DURING YOUR  
TREATMENT WITH OUR ENHANCEMENTS

HAND OR FOOT MASK	£20
SCALP MASSAGE WITH BAMFORD ROSE OIL	£20
RENAISSANCE FACIAL MASK FOR GLOWING SKIN	£20

# PACKAGES

## BAMFORD RENEWAL

£300

- Full body Bamford Scrub 45mins
- Bamford Massage of your choice 60mins
- Bamford facial of your choice 60mins
- Spa Smoothie of your choice

## GET UP AND GLOW

£250

- Signature Oskia Glow Facial 75mins
- Hot Stone massage 60mins
- Spa Smoothie of your choice

## BAMFORD MOTHER TO BE DAY

£210

- Pregnancy Massage 60mins
- Facial 60mins

## AFTERNOON INDULGENCE

£160

- Spa Treatment of Your Choice 60mins
- Prêt-à-Portea at The Collins Room
- Additional glass of Laurent-Perrier £10

## PERFECTLY POLISHED

£110

- Your choice of a Supreme or Shellac manicure pedicure with a glass of champagne 100mins



# FINISHING TOUCHES

EYEBROW SHAPE	25mins	£25
EYEBROW TINT	25mins	£25
EYELASH TINT	25mins	£25
EYELASH AND EYEBROW TINT	45mins	£35

A patch test is required before any tinting treatment.

# WAXING

FULL LEG	55mins	£55
HALF LEG	25mins	£35
BIKINI LINE	25mins	£30
BRAZILIAN	55mins	£55
HOLLYWOOD	55mins	£60
UNDERARM	25mins	£30
FULL ARM	55mins	£40
FOREARM	25mins	£30
LIP WAX	20mins	£25
CHIN WAX	20mins	£25
BACK WAX	40mins	£35
CHEST WAX	40mins	£35

## CANCELLATION POLICY

Please be advised that we have a 24 hour cancellation policy. Should you need to cancel or change your spa reservation full charge of the treatment will be taken should you fail to cancel your reservation. Packages and exclusive offers have a 48 hour cancellation policy.

# ACTIVE

The Berkeley Gym is located on the ground floor. Running maps of nearby Hyde Park are available at the concierge desk.

# PERSONAL TRAINING

Bespoke workouts and one to one training sessions are available to book at The Berkeley Spa. Fuse elements of Crossfit, HIIT, movement, boxing, balance and posture correction together to create a bespoke workout with our in-house personal trainer.

One to one Personal Training, Yoga and Pilates Sessions are all available for £150 per person for 60 minutes

SPA TREATMENT OPENING HOURS  
Monday to Sunday

8am-9pm



# THE BERKELEY

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HEALTH CLUB AND SPA

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