

bamford

**HAYBARN**

TREATMENT LIST

# MASSAGES

BAMFORD BODY SIGNATURE TREATMENT	90mins	£175
BAMFORD DEEP TISSUE MASSAGE	60/90mins	£135/£175
BAMFORD DE-STRESS MASSAGE	60/90mins	£125/£165
BAMFORD PREGNANCY MASSAGE	60mins	£125
BAMFORD BACK, NECK & SHOULDER MASSAGE	30mins	£80
HEAD MASSAGE	30mins	£80
FOOT MASSAGE	30mins	£80
BAMFORD JADE HOT AND COLD STONE TREATMENT	75mins	£175
SIGNATURE TREATMENT FOR MEN	90mins	£165
RECOVER TREATMENT FOR MEN	60mins	£125

# EXFOLIATIONS

BAMFORD FULL BODY EXFOLIATION	45mins	£85
BAMFORD ROSE UPPER BODY AND FACIAL TREATMENT	60mins	£130

# BODY WRAPS

LAMINARIA BODY WRAP	75mins	£150
GREEN TEA HERBAL BODY WRAP	75mins	£150
GOLD FINE BODY WRAP WITH CHAMPAGNE AND GRAPE	75mins	£150
FINE RICE BODY WRAP	75mins	£150

# THE FACE

BAMFORD ORGANIC AWAKEN RESURFACING FACIAL	60/90mins	£130/£170
BAMFORD ORGANIC RESTORE REJUVENATING FACIAL	60/90mins	£130/£170
BAMFORD ORGANIC PURITY DETOXIFYING FACIAL	60/90mins	£130/£170
SIGNATURE OSKIA GLOW FACIAL	75mins	£150
OSKIA REJUVENATING FACIAL	60/90mins	£130/£170
OSKIA GLOW ON THE GO	45mins	£105
OSKIA QUICK FIX	30mins	£70
OSKIA EYE WONDER	45mins	£105

# HANDS AND FEET

## MANICURES

THE BERKELEY SIGNATURE MANICURE	45mins	£55
THE BERKELEY SUPREME MANICURE	55mins	£65
MINI MANICURE	25mins	£35
SHELLAC NAILS FOR HANDS OR FEET	55mins	£65
SHELLAC REMOVAL	15mins	£10

## PEDICURES

THE BERKELEY SIGNATURE PEDICURE	45mins	£55
THE BERKELEY SUPREME PEDICURE	55mins	£65
MINI PEDICURE	25mins	£35

## FOR MEN

THE BERKELEY MEN'S MANICURE	25/40mins	£35/£45
THE BERKELEY MEN'S PEDICURE	25/40mins	£35/£45

# A LITTLE EXTRA LUXURY

INDULGE IN A LITTLE LUXURY DURING YOUR TREATMENT WITH OUR ENHANCEMENTS

HAND OR FOOT MASK	£10
SCALP MASSAGE WITH BAMFORD ROSE OIL	£10
HOT STONES	£10

# PACKAGES

THE ULTIMATE RELAX AND REVITALISE TREATMENT                      Full Day                      £525

- A full day spa membership
- Bamford Full Body Exfoliation                      25mins
- Bamford Jade Hot and Cold Stone Treatment or Bamford Body Signature Treatment                      75/85mins
- Signature Oskia Glow Facial                      75mins
- Supreme or Shellac Manicure                      55mins
- Supreme or Shellac Pedicure                      55mins
- £50 shop credit
- Two-course lunch with a glass of champagne

THE BERKELEY ROOFTOP RETREAT                      Full Day                      £365

- A full day spa membership
- Bamford Jade Hot and Cold Stone Treatment or Bamford Body Signature Treatment                      75/85mins
- Mini Manicure and Pedicure                      55mins
- Signature Oskia Glow Facial                      75mins
- Two-course lunch with a glass of wine

THE BERKELEY MORNING ENERGISER                      Half Day                      £265

- A half-day spa membership
- Bamford Deep Tissue Massage                      55mins
- Eye Wonder                      40mins
- Mini Manicure and Pedicure                      55mins
- Berkeley breakfast and a fruit smoothie

# PACKAGES

THE BERKELEY EXPRESS TREATMENT £165

- Heat facility access for ladies
- Bamford Back, Neck & Shoulder Massage 25mins
- Quick Fix Facial 25mins
- Mini Manicure or Pedicure 25mins
- Glass of champagne

THE BERKELEY MOTHER TO BE TREATMENT Full Day £335

- A full day spa membership
- Bamford Pregnancy Massage 55mins
- Oskia or Bamford Facial 55mins
- Signature Manicure or Pedicure 45mins
- Two-course lunch and a fruit smoothie

AN AFTERNOON AT THE BERKELEY Half Day £265

- A half day spa membership
- De-Stress Massage 55mins
- Glow on the Go Facial 40mins
- Supreme or Shellac Manicure or Pedicure 55mins
- A one-course lunch with a glass of wine

THE BERKELEY SPA FOR MEN Full Day £265

- A half day spa membership
- Bamford Deep Tissue Massage 55mins
- Quick Fix Facial 25mins
- Men's Manicure and Pedicure 55mins
- Two-course lunch with a glass of wine

# THE UPKEEP

EYEBROW SHAPE	25mins	£22
EYEBROW TINT	25mins	£22
EYELASH TINT	25mins	£22
EYELASH AND EYEBROW TINT	45mins	£32

# WAXING

FULL LEG	55mins	£55
HALF LEG	25mins	£37
BIKINI LINE	25mins	£27
BRAZILIAN	55mins	£55
HOLLYWOOD	55mins	£55
UNDERARM	25mins	£27
FULL ARM	55mins	£55
FOREARM	25mins	£37
LIP WAX	20mins	£22
CHIN WAX	20mins	£22
BACK WAX	40mins	£37
CHEST WAX	40mins	£37

## CANCELLATION POLICY

Please be advised that we have a 24 hour cancellation policy, should you need to cancel or change your spa reservation full charge of the treatment will be taken should you fail to cancel your reservation.

# ACTIVE

The Berkeley Gym is located on the ground floor. Running maps of nearby Hyde Park are available at the concierge desk.

## PERSONAL TRAINING

Bespoke workouts and one-to-one training sessions are available to book at The Berkeley Gym. Fuse elements of CrossFit, HIIT, movement, boxing, balance and posture correction together to create a bespoke workout with our in-house personal trainer Norbert Konja.

## POOL SIDE FITNESS

Hotel Guests and Members only

### Aqua Class

Monday, Tuesday and Thursdays

10.30am - 11.15am

## THE POOL & THE GYM

### OPENING HOURS

Monday - Friday

Saturday - Sunday

6am - 10pm

7am - 9pm

### CHILDREN'S HOURS\*

Monday - Sunday Including

Weekends and Bank Holidays

8am - 10am

4pm - 6pm

\*For residents' children only

# THE BERKELEY

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HEALTH CLUB AND SPA

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