# bamford HAYBARN

TREATMENT LIST

### **MASSAGES**

BAMFORD BODY SIGNATURE TREATMENT	90mins	£175
BAMFORD DEEP TISSUE MASSAGE	60/90mins	£135/£175
BAMFORD DE-STRESS MASSAGE	60/90mins	£125/£165
BAMFORD PREGNANCY MASSAGE	60mins	£125
BAMFORD BACK, NECK & SHOULDER MASSAGE	30mins	£80
HEAD MASSAGE	30mins	£80
FOOT MASSAGE	30mins	£80
BAMFORD JADE HOT AND COLD STONE TREATMENT	75mins	£175
SIGNATURE TREATMENT FOR MEN	90mins	£165
RECOVER TREATMENT FOR MEN	60mins	£125

### **EXFOLIATIONS**

BAMFORD	FULL BODY EXFOLIATION	45mins	£85
BAMFORD	ROSE UPPER BODY AND	60mins	£130
FACIAL TR	FATMENT		

### **BODY WRAPS**

LAMINARIA BODY WRAP	/5mins	£150
GREEN TEA HERBAL BODY WRAP	75mins	£150
GOLD FINE BODY WRAP WITH CHAMPAGNE AND GRAPE	75mins	£150
FINE RICE BODY WRAP	75mins	£150

### THE FACE

BAMFORD SIGNATURE FACIAL	90mins	£165
BAMFORD BESPOKE FACIAL	60mins	£130
SIGNATURE OSKIA GLOW FACIAL	75mins	£150
OSKIA REJUVENATING FACIAL	60/90mins	£130/£170
OSKIA GLOW ON THE GO	45mins	£105
OSKIA QUICK FIX	30mins	£70
OSKIA EYE WONDER	45mins	£105

### HANDS AND FEET

#### MANICURES

THE BERKELEY SIGNATURE MANICURE	45mins	£55
THE BERKELEY SUPREME MANICURE	55mins	£65
MINI MANICURE	25mins	£35
SHELLAC NAILS FOR HANDS OR FEET	55mins	£65
SHELLAC REMOVAL	15mins	£10

#### **PEDICURES**

THE BERKELEY SIGNATURE PEDICURE	45mins	£55
THE BERKELEY SUPREME PEDICURE	55mins	£65
MINI PEDICURE	25mins	£35

#### FOR MEN

THE BERKELEY MEN'S MANICURE	25/40mins	£35/£45
THE BERKELEY MEN'S PEDICURE	25/40mins	£35/£45

#### A LITTLE EXTRA LUXURY

#### INDULGE IN A LITTLE LUXURY DURING YOUR TREATMENT WITH OUR ENHANCEMENTS

HAND MASK	£10
FOOT MASK	£10
SCALP MASSAGE WITH BAMFORD ROSE OIL	£10
HOT STONES	£10

# PACKAGES

THE ULTIMATE RELAX AND REVITALISE TREATMENT	Full Day	£525
- A full day spa membership		
- Bamford Full Body Exfoliation	25mins	
- Bamford Jade Hot and Cold Stone Treatment or Bamford Body Signature Treatment	75/85mins	
- Signature Oskia Glow Facial	75mins	
- Supreme or Shellac Manicure	55mins	
- Supreme or Shellac Pedicure	55mins	
- £50 shop credit		
- Two-course lunch with a glass of champagne		
THE BERKELEY ROOFTOP RETREAT	Full Day	£365
- A full day spa membership		
- Bamford Jade Hot and Cold Stone Treatment or Bamford Body Signature Treatment	75/85mins	
- Mini Manicure and Pedicure	55mins	
- Signature Oskia Glow Facial	75mins	
- Two-course lunch with a glass of wine		
THE BERKELEY MORNING ENERGISER	Half Day	£265
- A half-day spa membership		
- Bamford Deep Tissue Massage	55mins	
- Eye Wonder	40mins	
- Mini Manicure and Pedicure	55mins	
- Berkeley breakfast and a fruit smoothie		

# **PACKAGES**

THE BERKELEY EXPRESS TREATMENT		£165
<ul> <li>- Heat facility access for ladies</li> <li>- Bamford Back, Neck &amp; Shoulder Massage</li> <li>- Quick Fix Facial</li> <li>- Mini Manicure or Pedicure</li> <li>- Glass of champagne</li> </ul>	25mins 25mins 25mins	
THE BERKELEY MOTHER TO BE TREATMENT	Full Day	£335
<ul> <li>- A full day spa membership</li> <li>- Bamford Pregnancy Massage</li> <li>- Rejuvenating Facial</li> <li>- Signature Manicure and Pedicure</li> <li>- Two-course lunch and a fruit smoothie</li> </ul>	55mins 55mins 90mins	
AN AFTERNOON AT THE BERKELEY	Half Day	£265
<ul> <li>A half day spa membership</li> <li>De-Stress Massage</li> <li>Glow on the Go Facial</li> <li>Supreme or Shellac Manicure or Pedicure</li> <li>A one-course lunch with a glass of wine</li> </ul>	55mins 40mins 55mins	
THE BERKELEY SPA FOR MEN	Full Day	£265
<ul> <li>- A half day spa membership</li> <li>- Bamford Deep Tissue Massage</li> <li>- Quick Fix Facial</li> <li>- Men's Manicure and Pedicure</li> <li>- Two-course lunch with a glass of wine</li> </ul>	55mins 25mins 55mins	

### THE UPKEEP

EYEBROW SHAPE	25mins	£22
EYEBROW TINT	25mins	£22
EYELASH TINT	25mins	£22
EYELASH AND EYEBROW TINT	45mins	£32

### WAXING

FULL LEG	55mins	£55
HALF LEG	25mins	£37
BIKINI LINE	25mins	£27
BRAZILIAN	55mins	£55
HOLLYWOOD	55mins	£55
UNDERARM	25mins	£27
FULL ARM	55mins	£55
FOREARM	25mins	£37
LIP WAX	20mins	£22
CHIN WAX	20mins	£22
BACK WAX	40mins	£37
CHEST WAX	40mins	£37

#### CANCELLATION POLICY

Please be advised that we have a 24 hour cancellation policy, should you need to cancel or change your spa reservation full charge of the treatment will be taken should you fail to cancel your reservation.

#### ACTIVE

#### PERSONAL TRAINING

1 hour session £100

 4 sessions
 £385 (£96.25 each)

 8 sessions
 £760 (£95 each)

 12 sessions
 £1080 (£90 each)

POOL SIDE FITNESS Hotel Guests and Members only

Aqua Class 10.30am - 11.15am Monday, Tuesday and Thursdays

THE POOL

OPENING HOURS
Monday - Friday

Saturday - Sunday

7am - 9pm

CHILDREN'S HOURS\*
Monday - Sunday Including
Weekends and Bank Holidays
4pm - 6pm

\*For residents' children only