# bamford HAYBARN TREATMENT LIST

# MASSAGES

BAMFORD BODY SIGNATURE TREATMENT	90mins	£175
BAMFORD DEEP TISSUE MASSAGE	60/90mins	£135/£175
BAMFORD DE-STRESS MASSAGE	60/90mins	£125/£165
BAMFORD PREGNANCY MASSAGE	60mins	£125
BAMFORD BACK, NECK & SHOULDER MASSAGE	30mins	£80
HEAD MASSAGE	30mins	£80
FOOT MASSAGE	30mins	£80
BAMFORD JADE HOT AND COLD STONE TREATMENT	75mins	£175
SIGNATURE TREATMENT FOR MEN	90mins	£165
RECOVER TREATMENT FOR MEN	60mins	£125

# EXFOLIATIONS

BAMFORD FULL BODY EXFOLIATION	45mins	£85
BAMFORD ROSE UPPER BODY AND	60mins	£130
FACIAL TREATMENT		

## BODY WRAPS

LAMINARIA BODY WRAP	75mins	£150
GREEN TEA HERBAL BODY WRAP	75mins	£150
GOLD FINE BODY WRAP WITH CHAMPAGNE AND GRAPE	75mins	£150
FINE RICE BODY WRAP	75mins	£150

# THE FACE

MANICURES

BAMFORD ORGANIC AWAKEN RESURFACING FACIAL	60/90mins	£130/£170
BAMFORD ORGANIC RESTORE REJUVENATING FACIAL	60/90mins	£130/£170
BAMFORD ORGANIC PURITY DETOXIFYING FACIAL	60/90mins	£130/£170
SIGNATURE OSKIA GLOW FACIAL	75mins	£150
SIGNATURE OSKIA GLOW FACIAL OSKIA REJUVENATING FACIAL	75mins 60/90mins	£150 £130/£170
OSKIA REJUVENATING FACIAL	60/90mins	£130/£170
OSKIA REJUVENATING FACIAL OSKIA GLOW ON THE GO	60/90mins 45mins	£130/£170 £105

# HANDS AND FEET

MANICORES			
THE BERKELEY SIGNATURE MAN	NICURE .	45mins	£55
THE BERKELEY SUPREME MANIG	CURE !	55mins	£65
MINI MANICURE		25mins	£35
SHELLAC NAILS FOR HANDS OF	R FEET	55mins	£65
SHELLAC REMOVAL		15mins	£10
PEDICURES			_
THE BERKELEY SIGNATURE PED		45mins	£55
THE BERKELEY SUPREME PEDIC	URE	55mins	£65
MINI PEDICURE		25mins	£35
FOR MEN			
THE BERKELEY MEN'S MANICUF	E	25/40mins	£35/£45
THE BERKELEY MEN'S PEDICURI		25/40mins	£35/£45

## A LITTLE EXTRA LUXURY

INDULGE IN A LITTLE LUXURY DURING YOUR TREATMENT WITH OUR ENHANCEMENTS

HAND OR FOOT MASK	£10
SCALP MASSAGE WITH BAMFORD ROSE OIL	£10
HOT STONES	£10

# PACKAGES

THE ULTIMATE RELAX AND REVITALISE TREATMENT	Full Day	£525
- A full day spa membership		
- Bamford Full Body Exfoliation	25mins	
- Bamford Jade Hot and Cold Stone	75mins	
Treatment or Bamford Body Signature Treatment	85mins	
- Signature Oskia Glow Facial	75mins	
- Supreme or Shellac Manicure	55mins	
- Supreme or Shellac Pedicure	55mins	
- £50 shop credit		
- Two-course lunch with a glass of champagne		
THE BERKELEY ROOFTOP RETREAT	Full Day	£365
- A full day spa membership		
- Bamford Jade Hot and Cold Stone Treatment or Bamford Body Signature Treatment	75/85mins	
- Mini Manicure and Pedicure	55mins	
- Signature Oskia Glow Facial	75mins	
- Two-course lunch with a glass of wine		
THE BERKELEY MOTHER TO BE TREATMENT	Full Day	£335
- A full day spa membership		
- Bamford Pregnancy Massage	55mins	
- Oskia or Bamford Facial	55mins	
- Signature Manicure and Pedicure	45mins	
Two source lunch and a fruit areasthic		

- Two-course lunch and a fruit smoothie

# PACKAGES

AN AFTERNOON AT THE BERKELEY	Half Day	£265
<ul> <li>A half day spa membership</li> <li>De-Stress Massage</li> <li>Glow on the Go Facial</li> <li>Supreme or Shellac Manicure or Pedicure</li> <li>A one-course lunch with a glass of wine</li> </ul>	55mins 40mins 55mins	
THE BERKELEY MORNING ENERGISER	Half Day	£265
<ul> <li>A half-day spa membership</li> <li>Bamford Deep Tissue Massage</li> <li>Eye Wonder</li> <li>Mini Manicure and Pedicure</li> <li>Berkeley breakfast and a fruit smoothie</li> </ul>	55mins 40mins 55mins	
THE BERKELEY SPA FOR MEN	Full Day	£265
<ul> <li>A half day spa membership</li> <li>Bamford Deep Tissue Massage</li> <li>Quick Fix Facial</li> <li>Men's Manicure and Pedicure</li> <li>Two-course lunch with a glass of wine</li> </ul>	55mins 25mins 55mins	
THE BERKELEY EXPRESS TREATMENT		£165
<ul> <li>Heat facility access for ladies</li> <li>Bamford Back, Neck &amp; Shoulder Massage</li> <li>Quick Fix Facial</li> <li>Mini Manicure or Pedicure</li> <li>Glass of champagne</li> </ul>	25mins 25mins 25mins	

# THE UPKEEP

EYEBROW SHAPE	25mins	£22
EYEBROW TINT	25mins	£22
EYELASH TINT	25mins	£22
EYELASH AND EYEBROW TINT	45mins	£32

A patch test is required before any tinting treatment.

### WAXING

FULL LEG	55mins	£55
HALF LEG	25mins	£37
BIKINI LINE	25mins	£27
BRAZILIAN	55mins	£55
HOLLYWOOD	55mins	£55
UNDERARM	25mins	£27
FULL ARM	55mins	£55
FOREARM	25mins	£37
LIP WAX	20mins	£22
CHIN WAX	20mins	£22
BACK WAX	40mins	£37
CHEST WAX	40mins	£37

#### CANCELLATION POLICY

Please be advised that we have a 24 hour cancellation policy. Should you need to cancel or change your spa reservation full charge of the treatment will be taken should you fail to cancel your reservation. Packages and exclusive offers have a 48 hour cancellation policy.

# ACTIVE

The Berkeley Gym is located on the ground floor. Running maps of nearby Hyde Park are available at the concierge desk.

#### PERSONAL TRAINING

Bespoke workouts and one-to-one training sessions are available to book at The Berkeley Gym. Fuse elements of CrossFit, HIIT, movement, boxing, balance and posture correction together to create a bespoke workout with our in-house personal trainer Norbert Konja.

GYM

OPENING HOURS Monday - Friday Weekends and Bank Holidays

6am - 10pm 7am - 9pm

#### THE BERKELEY

HEALTH CLUB AND SPA

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