

bamford

HAYBARN

TREATMENT LIST

MASSAGES

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| BAMFORD BODY SIGNATURE TREATMENT | 90mins | £175 |
| BAMFORD DEEP TISSUE MASSAGE | 60/90mins | £135/£175 |
| BAMFORD DE-STRESS MASSAGE | 60/90mins | £125/£165 |
| BAMFORD PREGNANCY MASSAGE | 60mins | £125 |
| BAMFORD BACK, NECK & SHOULDER MASSAGE | 30mins | £80 |
| HEAD MASSAGE | 30mins | £80 |
| FOOT MASSAGE | 30mins | £80 |
| BAMFORD JADE HOT AND COLD STONE TREATMENT | 75mins | £175 |
| SIGNATURE TREATMENT FOR MEN | 90mins | £165 |
| RECOVER TREATMENT FOR MEN | 60mins | £125 |

EXFOLIATIONS

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| BAMFORD FULL BODY EXFOLIATION | 45mins | £85 |
| BAMFORD ROSE UPPER BODY AND FACIAL TREATMENT | 60mins | £130 |

BODY WRAPS

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| LAMINARIA BODY WRAP | 75mins | £150 |
| GREEN TEA HERBAL BODY WRAP | 75mins | £150 |
| GOLD FINE BODY WRAP WITH CHAMPAGNE AND GRAPE | 75mins | £150 |
| FINE RICE BODY WRAP | 75mins | £150 |

THE FACE

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| BAMFORD ORGANIC AWAKEN RESURFACING FACIAL | 60/90mins | £130/£170 |
| BAMFORD ORGANIC RESTORE REJUVENATING FACIAL | 60/90mins | £130/£170 |
| BAMFORD ORGANIC PURITY DETOXIFYING FACIAL | 60/90mins | £130/£170 |
| SIGNATURE OSKIA GLOW FACIAL | 75mins | £150 |
| OSKIA REJUVENATING FACIAL | 60/90mins | £130/£170 |
| OSKIA GLOW ON THE GO | 45mins | £105 |
| OSKIA QUICK FIX | 30mins | £70 |
| OSKIA EYE WONDER | 45mins | £105 |

HANDS AND FEET

MANICURES

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| THE BERKELEY SIGNATURE MANICURE | 45mins | £55 |
| THE BERKELEY SUPREME MANICURE | 55mins | £65 |
| MINI MANICURE | 25mins | £35 |
| SHELLAC NAILS FOR HANDS OR FEET | 55mins | £65 |
| SHELLAC REMOVAL | 15mins | £10 |

PEDICURES

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|---------------------------------|--------|-----|
| THE BERKELEY SIGNATURE PEDICURE | 45mins | £55 |
| THE BERKELEY SUPREME PEDICURE | 55mins | £65 |
| MINI PEDICURE | 25mins | £35 |

FOR MEN

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| THE BERKELEY MEN'S MANICURE | 25/40mins | £35/£45 |
| THE BERKELEY MEN'S PEDICURE | 25/40mins | £35/£45 |

A LITTLE EXTRA LUXURY

INDULGE IN A LITTLE LUXURY DURING YOUR
TREATMENT WITH OUR ENHANCEMENTS

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| HAND OR FOOT MASK | £10 |
| SCALP MASSAGE WITH BAMFORD ROSE OIL | £10 |
| HOT STONES | £10 |

PACKAGES

THE ULTIMATE RELAX AND REVITALISE TREATMENT Full Day £525

- A full day spa membership
- Bamford Full Body Exfoliation 25mins
- Bamford Jade Hot and Cold Stone Treatment or Bamford Body Signature Treatment 75/85mins
- Signature Oskia Glow Facial 75mins
- Supreme or Shellac Manicure 55mins
- Supreme or Shellac Pedicure 55mins
- £50 shop credit
- Two-course lunch with a glass of champagne

THE BERKELEY ROOFTOP RETREAT Full Day £365

- A full day spa membership
- Bamford Jade Hot and Cold Stone Treatment or Bamford Body Signature Treatment 75/85mins
- Mini Manicure and Pedicure 55mins
- Signature Oskia Glow Facial 75mins
- Two-course lunch with a glass of wine

THE BERKELEY MOTHER TO BE TREATMENT Full Day £335

- A full day spa membership
- Bamford Pregnancy Massage 55mins
- Oskia or Bamford Facial 55mins
- Signature Manicure and Pedicure 45mins
- Two-course lunch and a fruit smoothie

PACKAGES

AN AFTERNOON AT THE BERKELEY Half Day £265

- A half day spa membership
- De-Stress Massage 55mins
- Glow on the Go Facial 40mins
- Supreme or Shellac Manicure or Pedicure 55mins
- A one-course lunch with a glass of wine

THE BERKELEY MORNING ENERGISER Half Day £265

- A half-day spa membership
- Bamford Deep Tissue Massage 55mins
- Eye Wonder 40mins
- Mini Manicure and Pedicure 55mins
- Berkeley breakfast and a fruit smoothie

THE BERKELEY SPA FOR MEN Full Day £265

- A half day spa membership
- Bamford Deep Tissue Massage 55mins
- Quick Fix Facial 25mins
- Men's Manicure and Pedicure 55mins
- Two-course lunch with a glass of wine

THE BERKELEY EXPRESS TREATMENT £165

- Heat facility access for ladies
- Bamford Back, Neck & Shoulder Massage 25mins
- Quick Fix Facial 25mins
- Mini Manicure or Pedicure 25mins
- Glass of champagne

THE UPKEEP

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| EYEBROW SHAPE | 25mins | £22 |
| EYEBROW TINT | 25mins | £22 |
| EYELASH TINT | 25mins | £22 |
| EYELASH AND EYEBROW TINT | 45mins | £32 |

A patch test is required before any tinting treatment.

WAXING

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| FULL LEG | 55mins | £55 |
| HALF LEG | 25mins | £37 |
| BIKINI LINE | 25mins | £27 |
| BRAZILIAN | 55mins | £55 |
| HOLLYWOOD | 55mins | £55 |
| UNDERARM | 25mins | £27 |
| FULL ARM | 55mins | £55 |
| FOREARM | 25mins | £37 |
| LIP WAX | 20mins | £22 |
| CHIN WAX | 20mins | £22 |
| BACK WAX | 40mins | £37 |
| CHEST WAX | 40mins | £37 |

CANCELLATION POLICY

Please be advised that we have a 24 hour cancellation policy. Should you need to cancel or change your spa reservation full charge of the treatment will be taken should you fail to cancel your reservation. Packages and exclusive offers have a 48 hour cancellation policy.

ACTIVE

The Berkeley Gym is located on the ground floor. Running maps of nearby Hyde Park are available at the concierge desk.

PERSONAL TRAINING

Bespoke workouts and one-to-one training sessions are available to book at The Berkeley Gym. Fuse elements of CrossFit, HIIT, movement, boxing, balance and posture correction together to create a bespoke workout with our in-house personal trainer Norbert Konja.

POOL SIDE FITNESS

Hotel Guests and Members only

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| Aqua Class | 10.30am - 11.15am |
| Monday, Tuesday and Thursdays | |

THE POOL & THE GYM

OPENING HOURS

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| Monday - Friday | 6am - 10pm |
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| Saturday - Sunday | 7am - 9pm |
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CHILDREN'S HOURS*

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| Monday - Sunday Including | 8am - 10am |
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| Weekends and Bank Holidays | 4pm - 6pm |
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*For residents' children only

THE BERKELEY

HEALTH CLUB AND SPA

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